

HOLLONGONG UNIVERSITY CLUB FOR OUTDOORS

NEWSHEET

3rd, 4th April 1976 - WALKING

A trip to Monolith Valley and the Castle in the Budawang Range. Neil Adams will lead the party up the south face of Mt. Owen from the valley floor. This gives a spectacular entrance to Monolith Valley. The return journey will be via the Castle and the more standard route of Kalfanna Ridge. This will be an interesting trip for even the seasoned Castle Visitor. Neil Adams (Social Science Room 126; Home 360318).

8th April 1976 (Thursday) - BARBECUE

A Barbecue at the home of John Graham (18 Rose Parade, Mt. Pleasant). This will be an informal gathering of club members. Bring your own meat, drink. Side salad provided. Starts 6.30 pm. John Graham 841656.

10th 11th April 1976 - CAVING

A caving trip to Bungonia for beginners. A former tourist cave ("The Grill Cave") will be explored and will give easy access to the beauties of caving. Graham Marshall 611597.

11th April 1976 - ORIENTEERING

Mt. Brown Reserve. B,D novices courses. Start anytime between 9.30 am and 1 pm. Turn off the Princes highway, Dapto at Emerson Road and follow the signs (Head for the water tank on the hill). Jim McLennan 713450 Home Counselling Centre ext 355.

16th, 17th, 18th, 19th April 1976 - WALKING

An exciting trip to the "Blue Breaks" in the Blue Mountains (SE of Kanangra Walls - NE of Yerranderie Peak). This promises to be one of the most spectacular walks of the year. The trip will visit such places as:- Green Mattle Gap, Grog Shop Bend, Vengeance Peninsula. Bevan Jones Room 69A - Electrical Engineering Department ext 308.

24th, 25th, 26th April 1976 - WALKING

From Round Mountain to Grey Mare Hut via Jagungal in the Snowy Mountains. The trip will cover some very interesting country and experience gained in this area will be useful for winter cross-country skiing. Ian Burns 289871.

1st, 2nd May 1976 - CANOEING

Canoeing with the Clubs two canoes at Childowla. This will be final preparation for the forthcoming intervarsity competition. Childowla is renowned for white water canoeing and this trip should be attended by all canoeists. Ian Burns 289871.

1st, 2nd May 1976 - WALKING

In the northern Budawang Range; the trip will proceed from Sassafras to Folly Point, Hidden Valley, Dark Brothers Cave and the White Cat Saw Mill Ruins. A worthwhile trip for those who haven't seen this area before. John Graham 841656.

3rd May 1976 - MEETING

Meeting in the Northern Lounge at 7.30 pm. Past trips will be discussed, future walks planned and general business. Also slides will be shown of the Club's three week trip in the rugged SH Tasmania. Wine, cheese, biscuits. Be there!

**9th May 1976 - ORIENTEERING**

A social orienteering event in conjunction with ORIENTEER OF HOLLONGONG. To be held in University Grounds and adjacent wasteland, it is being planned to give an enjoyable introduction to orienteering. A barbecue is planned for the afternoon. (Bring your own requirements) Jim McLennan Counselling Centre ext 355, Home 713450.

**13th, 14th, 15th May 1976 - CANOEING**

Intervarsity Canoeing on the Mitta Mitta River in Victoria. All interested competitors and spectators should see:- John Graham 841656.

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## R E P O R T

On Monday 15th April 1976 the Annual General Meeting of the Outdoors Club was held. At the meeting the following people were elected to executive positions:-

John Graham - President (841656)  
Kevin Donegan - Vice-President (289871)  
Graham Marshall - Treasurer (611597)  
Ian Burns - Secretary (289871)  
Rod Millisen - Quartermaster  
Bevan Jones - Trip Secretary

Bevan will be responsible for co-ordination of activities, dissemination of information and handling of enquiries. He is available in Room G9A - ground floor, Electrical Engineering Building, ext 308.

To cut costs it has been decided not to post newsheets to members, but they will be available for collection from the entrance lobby of the Electrical Engineering Building.

Below is the club's policy on lending of gear:-

Club members on club trips - no fee  
Club members on non-club trips - fee of 50c/week  
Non club members - fee of \$1/week

Access to gear is in the preference of the above list. The Quartermaster, at his discretion, can charge a deposit on gear. Canoes and climbing ropes are not available on non club trips. Gear is available from:-

Rod Millisen, Room G35 A.C.S. building, ext 250.

The club is at the moment a member or in the process of becoming a member of the following associations:-

Kosciusko Huts Association (KHA)  
National Parks Association (NPA)  
NSW Federation of Bushwalkers  
South Coast Conservation Society

A reminder that dues of \$1 are now payable to our Treasurer. The fee is again only \$1 in the clubs continuing battle against inflation.

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SNOWY MOUNTAINS TRIP

13/14-3/76

PERSONEL

Ian Burns  
Dave Whitelaw  
Jim Sligar  
John Graham

DESCRIPTION

After reaching Guthega Power Station at 1 am Saturday morning we walked for 1 hour 40 minutes to Whites River Hut. The planned full moon was obscured by thin clouds. Saturday proper saw us walk up the road via the Schlink Hilton Hut and on to Hut (Orange). This is a comfortable clean, two man hut. From here we proceeded into Valentines Hut. This is clean, well kept and has room for approximately 6 people. We left our packs and moved cross country via Back Flat up to Grey Mare Hut. This is among gold mining relics and can sleep 7 people. From Grey Mare we went back to Valentines via the Falls and then on to Mawsons. Mawsons Hut is large, clean, comfortable and a pleasant night was spent there. Menu:- Steak, Cheesecake, Splatlese Riesling Wine.

Sunday saw us go via The Brassy Peak to Alpine Hut, back to the Peak and on to Tin Hut. We regained the road via Gungartan Pass. The trip was rather long and tiring but much valuable information was gained about Huts and routes was gained. Length of trip 33 miles plus.

John Graham

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Trip Report - Dungeon Canyon, Ettrema Gorge

Particulars: Rod Millson  
Bevan Jones

Date: 13th, 14th March 1976 Maps: Tonga 2": 1 mile Lands Dept.

This was an exploratory trip to find out whether some of the country to the north of the Sassafrass road would be good for weekend trips. A number of trips in the area are suggested in the Canberra Bushwalker's publication "Bushwalking Near Canberra".

After two very rainy weeks the weather seemed to be improving so we decided to try the trip down Dungeon Canyon and then up Ettrema Gorge to Transportation Spur. We spent Friday night at Tiangara Falls and it rained most of the night, but there was a fleck of blue in the sky in the morning so we proceeded. The road to the north of the Sassafrass road is a good all weather dirt and gravel road. We left one car at the nearest point on the road to Transportation Spur and the other a little to the north of Tullyangela clearing. We started walking at about 9.30 am with a dreamy 4 mile scrub-bash on a compass bearing with very few features to help navigation. Tullyangela canyon is entered after an easy but steep scramble at GR 210908. We then had lunch feeling confident that we would reach the junction with Ettrema Creek by nightfall. That however was not to be the case. The Creek is completely choked with large boulders and after the rain they were covered in some algae slime making them very slippery. Our speed in this upper section of the creek would have been about 200 yds per hour and progress was quite dangerous and extremely exhausting.



The canyon walls get very narrow around G.R. 226890 and there are three deep pools where swimming is necessary. We managed to avoid the first of these by climbing up to the right, but the ground so loose and slippery that we regretted not swimming. At nightfall we had just passed the third pool and by a stroke of fortune we came upon the only piece of flat ground yet. It measured 4'x2' and was covered with nasty angular stones. We had a comfortable night but were rather dubious about getting out by Sunday night. On Sunday morning it was raining but that was the least of our problems. Progress remained extremely slow until shortly before the junction with Ettrema Creek.

We had long decided to give up the second part of the trip, so we had lunch at the junction, a beautiful camping spot, and set off up over Barrows Grown and Howards Pass. Excellent views are had of Dungeon Canyon and Ettrema Corge on the way up.

A 6 mile scrub-bash back to the car through prickly dripping wet scrub took almost till dark. This trip, although interesting in a number of respects is too long and hazardous and is not recommended. Ettrema Creek itself seems more promising and a trip down Transportation Spur and up Howands Pass would probably be much more rewarding.

Bevan Jones

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Hollondilly River Walk 20,21/3/76

Personel      Lucy Boone  
                 Bob Bye  
                 Barbara Jakeman  
                 Jackie Jakeman  
                 Rod Millson  
                 Mano Zahra

Description

All six people on this walk spent Friday night camping at Goodman's Ford where two cars were left while two other cars were taken to the start of the walk. The walk started at the end of the road which leads off from the main Wombeyan Caves Road to Mt. Wauganderry. Actual walking commenced at 9.30 am and we followed the Wauganderry Fire Trail down to the road which was followed some time before selecting a ridge leading down to the river. From parts of the ridge rewarding views of cliffs to the East and the Hollondilly River were obtained.

We reached the river, after a steep descent, by about 1.30 pm and the rest of the walk was spent in following the river banks upstream, cutting corners at Biley's Flat and Five Hundred Acre Flat. The going along the river banks was good for a large part of the trip, but there are a number of places where steeper sides come in to the edge of the river and scrambling over rock, loose stones and boulders is required. Saturday night was spent at Riley's Flat - this was a trip with almost a plethora of desirable camping sites! Kangaroos were plentiful and one tortoise was sighted.

Arrival back at Goodman's Ford was at 4 pm on Sunday. Feeling rather weary and footsore, all went swimming, or at least cooled off in the river before coming home. Length of trip: 18 miles (conservative).

## HOLLONGONG UNIVERSITY OUTDOORS CLUB

### EQUIPMENT GUIDE

#### GENERAL

1. For your first walks you should borrow, or hire gear (tent, packs, sleeping bags, roundsheet) rather than buy it. On the walk see what other bushwalkers are taking, discuss equipment and then buy.
2. Initially wear sandals or worn in shoes or boots. Ensure they are comfortable and have plenty of room for socks. Wear cotton or woollen socks (not pure synthetic).
3. Avoid carrying glass containers or tins.
4. It is not necessary for a weekend to use dehydrated foods. Although heavier, general household foods can be used with great success if initiative is taken.
5. There are usually no fires at lunch, sometimes for breakfast and always for dinner. Dinner is the main meal and should be substantial whereas lunch and breakfast are lighter meals.

#### BASIC GEAR

Pack - H frame - available from Club.  
Tent & Pegs - available from club.  
Sleeping bag - preferably down filled.  
Groundsheet/Cape or Groundsheet plus Waterproof Jacket.  
Billy and frypan (doubles as plate).  
Mug, knife, spoon, fork.  
Toilet Gear.  
Matches.  
Water Bottle.

#### CLOTHES for walking

Shorts, shirt, hat, thick socks, comfortable footwear.  
Dry Clothes:- Jumper (woollen), long trousers, socks.  
For colder areas (Snowy Mts) it may be necessary to take two jumpers and generally warmer clothes.

#### FOOD

<u>Breakfast</u>	Cereal (Muesli) & Powdered Milk (Bacon & Eggs etc) Tea or Coffee
<u>Lunch</u>	Bread or biscuits - (Vogel, Roggenbrok, Rye, Black) Butter, cheese, spreads, salami Raisins, currents, Halva, chocolate, nuts, sweets, biscuits, glucose, drink crystals.
<u>Dinner</u>	1. Steak, onions, mushrooms, tomatoes, dried vegetables, deb Potato. 2. Vesta meal, Rise-a-Riso meal and other prepared meals Tea, coffee.
<u>Sweets</u>	Instant Puddings, cheesecakes, pancakes, damper etc.
<u>General</u>	Sugar, salt, coffee, tea, powdered milk.

The complete weight of the pack for a weekend trip should be less than 30lb. Beginners are advised to take too little rather than too much. A useful trick is to take a small amount of a lightly desirable commodity (e.g. a bottle of port) and to make up deficiencies through barter.

NON ESSENTIAL GEAR

Water Bag	Foam Sleeping mat
First Aid	Gaiters, overpants
Compass & Map	Inner bag for pack
Small Torch	Inner bag for sleeping bag
Candle	Swimming Costume
Camera	Pot Scourer
Tin Opener	Spondonacles (Billy grips)
Soap	Small stove

NOTE

Some walks may require specialized equipment which you may have to carry. In these cases the trip leader will inform you of this. Tents may be shared and sometimes you will be required to carry (or help carry) gear required by the party e.g. rope.

In all cases, try to keep your pack as light as possible.

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